



YDI is "the best start" for your child & it's free!"

In partnership with Head Start, Youth Development Inc. operates 30 Head Start centers; 20 in Bernalillo County, and 10 in Taos and Rio Arriba County. The department provides high-quality *free* early childhood education, family development services, and child care for children from 0 to 5 years old. The Head Start curriculum supports the physical, cognitive, social, and emotional development of young children and also offers prenatal care and education for pregnant women.

1 Early Head Start Home Visitation Program

Home Visitors provide free child development education that offers social support and discussion on topics that are important to your family. Our goal is to promote a healthy birth and child development outcomes to your specific needs. Visits are done in the comfort of your home or public setting that allows us to enjoy a safe and educational experience, and families are also invited to participate in monthly socializations offering educational activities and crafts, family engagement information, and health and nutrition information.

2 Head Start Center Based 3-5 Years

Early Head Start/Head Start are two of the most successful federally-funded preschool programs ever created. It promotes the school readiness of children ages 0-5 from low-income families by enhancing their cognitive, social, and emotional development. YDI has more than 30 centers throughout New Mexico and is completely free

3 Early Head Start Center Based 6wks - 3yrs

Head Start is the best preschool program in the nation! In partnership with Head Start, Youth Development Inc. operates 30 Head Start centers; 20 in Bernalillo County, and 10 centers in Taos and Rio Arriba County. NAEYC accredited, our program provides free high-quality preschool and child care for children ages 3-5. If you have a younger child and are in need of infant child care, ages 6 weeks to 3, please visit our Early Head Start program page. Head Start is the national commitment to give every child, regardless of circumstances at birth, an opportunity to succeed in school and in life. In the 50+ years since its inception, Head Start has improved the lives of more than 37 million children and their families. Head Start alumni—or “Head Start babies,” as they often call themselves—are in all walks of the nation’s life.

4 Extended Care

YDI Early Childhood Division offers full-day (10 hours) care for children ages 12 mos-5, to support families in Bernalillo, Rio Arriba, and Taos Counties.

This extension to the Head Start day offers exciting, high-quality preschool learning and exploration concepts that focus on nutrition, health, safety, and, most importantly, school readiness. Children can explore, experiment, problem-solve, and create with open play, music and movement, art, physical fitness, reading, writing, math, science, and outdoor activities.

5 Pre-K 3 & 4 Year Olds

YDI’s State Pre-K program can help make sure your child is kindergarten ready!

The YDI Early Childhood Division provides services to 60 children in center-based option at two YDI centers in Albuquerque. Benefits of Pre-K include:

- Research-based curricula that enhance cognitive, social, and emotional development
- Play-based learning with attention to health, safety, and wellness
- Responsive, qualified staff
- Community field trips
- Nutritious meals in a family style setting
- Exciting daily learning experiences that focus on school readiness

YDI offers Pre-K services up to 4 years old who will be attending kindergarten the following year. Pre-K services are free to all families in the community, regardless of income.

For more information, call:
Bernalillo County- 505-212-7239

6 Pregnant Moms Program

YDI’s Pregnant Women’s Program provides extra support to women during pregnancy, with a focus on healthy pregnancy and delivery.

YDI offers free services to eligible pregnant women in Bernalillo and Taos Counties, to the first time and all expectant women- every pregnancy is different, and we’re here to provide support for the health and wellness of you and your baby.

In the program, you will learn what to expect during each month of your pregnancy, find resources to meet your family’s needs, meet your personal goals for school and work, and be able to enroll your child into our Early Head Start program.

7 Nurse Family Partnership-Home Visitation

The Nurse-Family Partnership empowers first time moms to transform their lives and create a better future for their babies. The Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms to-be, starting early in the pregnancy and continuing through the child’s second birthday.

Services to begin in Bernalillo, Torraine, and Rio Arriba counties.

