


**YDI Infant Breakfast Menu (Birth thru eleven months)**  
**April 2022**


	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>week I</b>					1 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Multi grain Banana
<b>week II</b>	4 Formula or Breast Milk, 6-8 oz *Beans or IFIC Wheat Banana	5 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Rice Peaches	6 Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat  Apple	7 Formula or Breast Milk, 6-8 oz *Pork or Ham  Squash	8 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Oatmeal Peaches
<b>week I</b>	11 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Squash	12 Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat  Peaches	13 Formula or Breast Milk, 6-8 oz *Pinto Beans or IFIC Rice  Apple	14 Formula or Breast Milk, 6-8 oz *Pork or Ham  Carrots/Pears	15 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Multi grain Banana
<b>week II</b>	18 Formula or Breast Milk, 6-8 oz *Beans or IFIC Wheat Banana	19 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Rice Peaches	20 Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat  Apple	21 Formula or Breast Milk, 6-8 oz *Pork or Ham  Squash	22 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Oatmeal Peaches
<b>week I</b>	25 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Squash	26 Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat  Peaches	27 Formula or Breast Milk, 6-8 oz *Pinto Beans or IFIC Rice  Apple	28 Formula or Breast Milk, 6-8 oz *Pork or Ham  Carrots/Pears	29 Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Multi grain Banana

**All foods subject to availability. \*May offer to older infants in appropriate size and texture when developmentally ready. Notes: 1) Texture will be modified for each child's developmental level. 2) Once infant has started eating from a required group, if they have not been the item listed they will be offered another equivalent food that the child has been offered. 3) YDI menus are nut free and do not permit outside food.**

Cereals for older Children and Adults are not reimbursable, such as Cream of Wheat, Malto-Meal, etc. Home prepared vegetable or fruit can be fresh or frozen, canned or jarred. Fruits/Vegetables should be sift-cooked and strained, mashed, chopped, or diced to meet the texture needs of the child.

**Non-Discrimination Statement:** This explains what to do if you believe you have been treated unfairly. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

**YDI Infant Lunch Menu (Birth thru eleven months)**  
**April 2022**

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>week I</b>					1 Formula or Breast Milk, 6-8 oz Turkey Sweet Potato/Peaches
<b>week II</b>	4 Formula or Breast Milk, 6-8 oz Beef Peas/Apple	5 Formula or Breast Milk, 6-8 oz *Pork or Ham Sweet Potato/Pear	6 Formula or Breast Milk, 6-8 oz Chicken Peas/Peaches	7 Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana	8 Formula or Breast Milk, 6-8 oz Turkey Carrot/Pears
<b>week I</b>	11 Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana	12 Formula or Breast Milk, 6-8 oz Chicken Carrots/Pears	13 Formula or Breast Milk, 6-8 oz *Pork or Ham Peas/Banana	14 Formula or Breast Milk, 6-8 oz Beef Squash/Apple	15 Formula or Breast Milk, 6-8 oz Turkey Sweet Potato/Peaches
<b>week II</b>	18 Formula or Breast Milk, 6-8 oz Beef Peas/Apple	19 Formula or Breast Milk, 6-8 oz *Pork or Ham Sweet Potato/Pear	20 Formula or Breast Milk, 6-8 oz Chicken Peas/Peaches	21 Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana	22 Formula or Breast Milk, 6-8 oz Turkey Carrot/Pears
<b>week I</b>	25 Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana	26 Formula or Breast Milk, 6-8 oz Chicken Carrots/Pears	27 Formula or Breast Milk, 6-8 oz *Pork or Ham Peas/Banana	28 Formula or Breast Milk, 6-8 oz Beef Squash/Apple	29 Formula or Breast Milk, 6-8 oz Turkey Sweet Potato/Peaches

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7-21-2021

## YDI Infant PM Snack Menu (Birth thru eleven months)

April 2022

		<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
week I					1 Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers or Pears	
	4	5	6	7	8 Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Carrot	
week II	*WG/WW Toast or IFIC Carrot	*Cheerios or IFIC Oatmeal Banana	*Unsalted Wheat Crackers or Pear	*WG/WW Toast or IFIC Apple	*Cheerios or IFIC Wheat Sweet Potato	
	11	12	13	14	15 Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Oatmeal Apple	
week I	*Cheerios or IFIC Oatmeal Apple	*Unsalted Wheat Crackers or Sweet Potato	*WG/WW Toast or IFIC Peaches	*Cheerios or IFIC Wheat Green Beans	*Unsalted Wheat Crackers or Pears	
	18	19	20	21	22 Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Carrot	
week II	*WG/WW Toast or IFIC Carrot	*Cheerios or IFIC Oatmeal Banana	*Unsalted Wheat Crackers or Pear	*WG/WW Toast or IFIC Apple	*Cheerios or IFIC Wheat Sweet Potato	
	25	26	27	28	29 Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Oatmeal Apple	
week I	*Cheerios or IFIC Oatmeal Apple	*Unsalted Wheat Crackers or Sweet Potato	*WG/WW Toast or IFIC Peaches	*Cheerios or IFIC Wheat Green Beans	*Unsalted Wheat Crackers or Pears	

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