


YDI Infant Breakfast Menu (Birth thru eleven months)

July 2022

		<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	
week I	week II						1
		4	5	6	7	8	
		Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Squash	Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat Peaches	Formula or Breast Milk, 6-8 oz *Pinto Beans or IFIC Rice Apple	Formula or Breast Milk, 6-8 oz *Pork or Ham Carrots/Pears	Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Multi grain Banana	
		11	12	13	14	15	
		Formula or Breast Milk, 6-8 oz *Beans or IFIC Wheat Banana	Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Peaches	Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat Apple	Formula or Breast Milk, 6-8 oz *Pork or Ham Squash	Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Oatmeal Peaches	
week II		18	19	20	21	22	
		Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Squash	Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat Peaches	Formula or Breast Milk, 6-8 oz *Pinto Beans or IFIC Rice Apple	Formula or Breast Milk, 6-8 oz *Pork or Ham Carrots/Pears	Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Multi grain Banana	
		25	26	27	28	29	
		Formula or Breast Milk, 6-8 oz *Beans or IFIC Wheat Banana	Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Rice Peaches	Formula or Breast Milk, 6-8 oz *Yogurt or IFIC Wheat Apple	Formula or Breast Milk, 6-8 oz *Pork or Ham Squash	Formula or Breast Milk, 6-8 oz *Scrambled Egg or IFIC Oatmeal Peaches	

All foods subject to availability. *May offer to older infants in appropriate size and texture when developmentally ready. Notes: 1) Texture will be modified for each child's developmental level. 2) Once infant has started eating from a required group, if they have not been the item listed they will be offered another equivalent food that the child has been offered. 3) YDI menus are nut free and do not permit outside food.

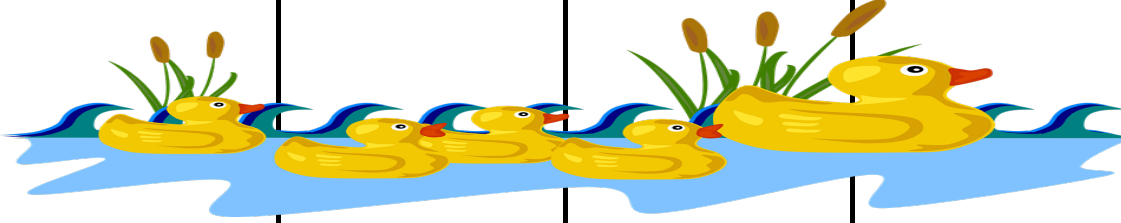
Cereals for older Children and Adults are not reimbursable, such as Cream of Wheat, Malto-Meal, etc. Home prepared vegetable or fruit can be fresh or frozen, canned or jarred. Fruits/Vegetables should be sift-cooked and strained, mashed, chopped, or diced to meet the texture needs of the child.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

7-21-2021

YDI Infant Lunch Menu (Birth thru eleven months)

July 2022

		<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
week II	1					Formula or Breast Milk, 6-8 oz Turkey Carrot/Pears
week I	4	5	6	7	8	Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana
		Formula or Breast Milk, 6-8 oz Chicken Carrots/Pears	Formula or Breast Milk, 6-8 oz *Pork or Ham Peas/Banana	Formula or Breast Milk, 6-8 oz Beef Squash/Apple	Formula or Breast Milk, 6-8 oz Turkey Sweet Potato/Peaches	
week II	11	12	13	14	15	Formula or Breast Milk, 6-8 oz Beef Peas/Apple
		Formula or Breast Milk, 6-8 oz *Pork or Ham Sweet Potato/Pear	Formula or Breast Milk, 6-8 oz Chicken Peas/Peaches	Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana	Formula or Breast Milk, 6-8 oz Turkey Carrot/Pears	
week I	18	19	20	21	22	Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana
		Formula or Breast Milk, 6-8 oz Chicken Carrots/Pears	Formula or Breast Milk, 6-8 oz *Pork or Ham Peas/Banana	Formula or Breast Milk, 6-8 oz Beef Squash/Apple	Formula or Breast Milk, 6-8 oz Turkey Sweet Potato/Peaches	
week II	25	26	27	28	29	Formula or Breast Milk, 6-8 oz Beef Peas/Apple
		Formula or Breast Milk, 6-8 oz *Pork or Ham Sweet Potato/Pear	Formula or Breast Milk, 6-8 oz Chicken Peas/Peaches	Formula or Breast Milk, 6-8 oz Beef Green Beans/Banana	Formula or Breast Milk, 6-8 oz Turkey Carrot/Pears	





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Cereals for older Children and Adults are not reimbursable, such as Cream of Wheat, Malto-Meal, etc. Home prepared vegetable or fruit can be fresh or frozen, canned or jarred. Fruits/Vegetables should be sift-cooked and strained, mashed, chopped, or diced to meet the texture needs of the child.

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YDI Infant PM Snack Menu (Birth thru eleven months)

July 2022

		Monday	Tuesday	Wednesday	Thursday	Friday
week II						1 Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Wheat Sweet Potato
		4	5	6	7	8
week I		Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Oatmeal Apple	Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers Sweet Potato	Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Peaches	Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Wheat Green Beans	Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers Pears
		11	12	13	14	15
week II		Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Carrot	Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Oatmeal Banana	Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers Pear	Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Apple	Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Wheat Sweet Potato
		18	19	20	21	22
week I		Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Oatmeal Apple	Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers Sweet Potato	Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Peaches	Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Wheat Green Beans	Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers Pears
		25	26	27	28	29
week II		Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Carrot	Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Oatmeal Banana	Formula or Breast Milk, 6-8 oz *Unsalted Wheat Crackers Pear	Formula or Breast Milk, 6-8 oz *WG/WW Toast or IFIC Apple	Formula or Breast Milk, 6-8 oz *Cheerios or IFIC Wheat Sweet Potato

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